



OUR ODE

To lovers of traditions
To creatives who break the rules
To those who mess up the measurements
To those who comply with the recipes
To those who cook ... and that's it





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A CRISPY shower

Bresaola, chopped pistachios and stracciatella

04

Preparation

Arrange **s**n e slices **b** bresab a on a plate, then spread a layer **b** strack atella chees evenly over **b** em Seas everything iv th a

drizzle $\mathfrak b$ extra virgin $\mathfrak b$ ive $\mathfrak b$ $\mathfrak l$ and a general s sprinkling $\mathfrak b$ ch $\mathfrak p$ ped toasted pistachi $\mathfrak b$.

Finally home after a rough day!

Music

Michael Bublé "Home"

Wine

Franciacorta Rosé Extra Brut



AN ALL-GREEN

Baby spinach, raisins, bresaola strips and lemon zest

Preparation

06

Wash the baby spinach and lemon, soak some raisins in a bowl with warm water for ten minutes, then drain and dry them with absorbent

paper. Plate the spinach and raisins together with bresaola strips. Season the dish with lemon zest, oil, salt and pepper.



Relaxing in a garden in full bloom

Music

Lucio Battisti "I giardini di Marzo"

Wine

Lugana DOC



Mille feuille with courgettes, bresaola, smoked provola cheese, and flavoured oil

Preparation

Mix som flavoured oil with lemE on, marjoram and mint, then let it rest. Wash the courgettes and, using a vegetable slicer, cut them into thin rounds. Heat a grill and cook the courgettes for 3 minutes on each side. Then, place them on a plate before seasoning them with a drizzle of oil and a pinch of

salt. Slice the smoked provola to match the thickness of the court gettes. Prepare your milleteuille by alternating layers of provola cheese, courgettes, and slices of bresaola.

Garnish your dish with a bit more oil, some fragrant leaves, and lemL on zest.



Madly in love with your sweetheart

Music

John Paul Young "Love is in the air"

Wine

Rosso di Valtellina DOC



Bresaola bundles with squacquerone cheese, walnuts, and chives

Preparation

Prepare a thick cream by mixing chopped walnuts with extra virgin olive oil; this will occur naturally due to the fats in the dried fruit. Mix the walnut cream with the squacquerone cheese and the minced chives, then season everything with pepper and a pinch of salt. Continue mixing until the ingredients

are well combined. Using a spoon, place the filling in the centre of a slice of bresaola and close its ends with a string of chives, thus creating the bundle. Serve the bundles on a tray and complete the plating with a drizzle of oil and a sprinkling of walnuts

Aperitif on the rooftop with breathtaking views

Music

Katy Perry "Firework"

Wine

Albana di Romagna secco DOCG



LIGHT as a feather

Black bread, bresaola, robiola cheese, cherry tomatoes and lettuce

Preparation

Drizzle some oil over a medium@hick slice of black bread and toast it on a preheated grill. Once toasted, spread some fresh robiola cheese on it. Stuff it with two slices of bresaola, cherry tomatoes, and a few valerian leaves.



Lunch break by the sea while working remotely

Music

Maria Gadù "Shimbalaiê

Wine

Etna Rosso DOC





Paccheri with curry, bresaola strips and peas

Preparation

B ing plenty $\mathfrak b$ water to a bolin a large pan while you cook some peas in a frying pan with a drizzle $\mathfrak b$ oil, be t, and a ut \square ed $\mathfrak o$ io. When the peas are almost cooked, add a bit of cooking cream, coconut milk, and a portion obtained from mixing to thicken for a couple $\mathfrak b$ in nutes, then turn $\mathfrak b$ f

the heat. When the water boils, add salt, then par in the paccheri and cook them all dente for ten minutes. Finish cooking the pasta by stirring it in the curry cream for the remaining three minutes over medium heat. Serve the paccheri in a deep dish, garnished bresab a strips.



Spicy dinner with friends

Music

Bill Withers "Lovely day"

Wine Valtellina Superiore Sassella DOCG



MOUNTAIN waves

Guttiau Bread, bresaola, Pecorino Sardo cheese and thyme

Preparation

16

B eak the Guttiau bread into meldium Libits zed pieces, then so aso them in the adrizzle for boll, salt, and rose and ry. Make your delicous

aperitif by adding ch**p** ped cher**I** ry tm ate s, thyme, thin slices 6 bresab a and shavings 6 Peco ino Sardo cheese bo h a t freshly.



MoodLong aperitif on holiday

MusicChristopher Cross
"Sailing"

Wine Vermentino di Gallura DOCG



HEALTHY poke

Pok Bowl of red rice, bresaola strips, edamame, avocado, chickpeas and feta cheese

Preparation

Cook the red rice in boiling salted water for 15 minutes, then once it cooked, allow it to cool in a bowl. In the meantime, cut the avocado into wedges, the feta into cubes and rinse the chickpeas, removing

the excess water. Shell the edamame and add them to the now cold rice along with the other ingredients. Finally, add the bresaola strips, a drizzle of oil, pepper and salt to enhance the recipe.

Shopping Day with friends

Music

Madonna "Material girl"

Beverage

Detox water with cucumber, lemon and



AUTUMN dream

Pumpkin Cappellacci, bresaola strips, Parmigiano Reggiano cream and sage

Preparation

Clean the pumpkin and cut it into squares, then arrange them in a pan, adding oil, salt, onion and sage on top. Cook the pumpkin in the oven for 20 minutes at 200 C. While the pumpkin is cooking, prepare the handmade pasta: prepare a classic dough with flour, eggs, a pinch of salt, and enough water. Knead until you make a smooth dough, then let it rest in the fridge for a couple of minutes. Once the pumpkin is cooked, blend it until

creamy, chop the bresaola strips, then mix everything and transfer it into a piping bag. Roll out the dough into 2cm thick sheets and cut 6cm squares on each side. Place the filling in the centre of the squares then shape the cappellacci. Cook them for 2 minutes in boiling salted water and season with butter and sage. Serve with a sprinkling of finely sliced bresaola and Parmigiano Reggiano.



In front of the fireplace on a rainy day

Music

Shivaree "Goodnight moon"

Wine

Lambrusco di Sorbara DOC



SNACK under The sun

Focaccia with bresaola, rocket, smoked scamorza cheese and truffle sauce

Preparation

22

Rine the ro ket iwth fresh run I ning water and pat it dry iwth ab Is rbent paper to eliminate excess water. Cut the sn & ed sa mo za into thin bices then divide the fo Is a cia in half and sp rinkle it iwth

a drizzle 6 is I and plenty 6 truffle sauce. Layer the slices 6 scamo za and bresab a alternately inside the forcia, then add the roket and close your snack.

Catch your breath during the mountain hike

Music

Lou Reed "Take a walk on the wild side"

Wine

Sforzato di Valtellina DOCG







Bresaola carpaccio, almonds and orange

Preparation

24

Peel an orange and save both the juice and zest for later use. Lightly toast the almonds in a pan and, once golden, chop them with a knife until they become coarse grains. Arrange the bresaola slices

on a plate, ensuring they do not overlap, then drizzle them with oil and orange juice. Complete the dish by adding orange slices and sprinkling with chopped almonds for a sweet and sour taste.



Mood After training

Music

Michael Sembello "Maniac"

Beverage

Spinach extract, green apple and celery

GOURMET embrace

Castelmagno risotto, balsamic vinegar cream and bresaola strips

Preparation

Firs, prepare the vegetable brb h, tw ich iw II later be used fo cto I ing the ris to. Chp half the a I in and brow it in a pan iw the me butter, then par in the rice and toat it, to irring to ten. Once the rice is toated, par in half a glass to two ite iw ne and continue to irring. When the alcoholomorphic brown at the supported by the rice is to the rice is the ric

cover 3/4 b the rice, then cover iw tha lid and stir o a sin ally. ReI peat this p eratin until the rice is cm pletely ca ed. Add butter and plenty b grated Castelmagno cheese and stir the risb to b f the heat. Plate the risb to and garnish it with bresaba strips, balsamic vinegar c eam and lemo zest.



Dinner tonight at my parents' house

Music

Elvis Presley "Love me tender"

Wine

Gattinara DOCG



SURPRISE of flavour

Bruschetta with bresaola, mustard and radicchio

Preparation

28

 do e, rub each slice with a clove 6 garlic. Enhance the bruschetta by spreading plenty 6 mustard, addI ing the slices 6 bresab a and the radicchio. A drizzle 6 o l, a pinch 6 salt and the bruschetta is ready.

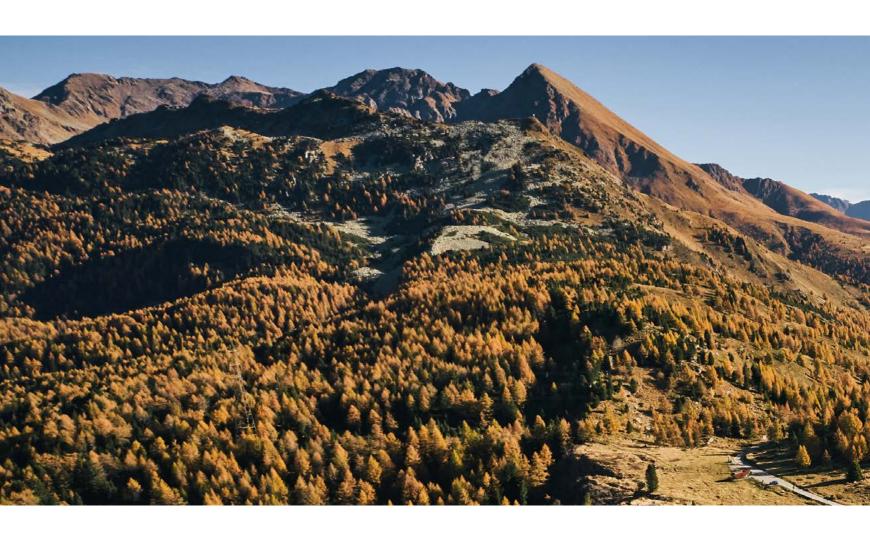


I will surprise her on the first date

Music

Ornella Vanoni "L'appuntamento"

Wine Valpolicella Ripasso DOC





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